



Girlguiding Hertfordshire Walking Team

email walking@girlguidinghertfordshire.org.uk

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Water Safety Course

Saturday 25th February 2023, 1-5pm

Do you want to take girls out & about this Summer?

Thinking of a canal walk or a day trip to the beach?

Perhaps even kayaking, white water rafting or gorge walking?

Then this short 4 hour course in central Herts is for you.



You will learn how to use a reaching aid, a buoyancy aid and a throw line. We will also talk about different types of water and their associated risks including environmental hazards such as poisonous waterside plants. We will also cover the signage & flags that you'll see at the beach. We'll help you find out what Girlguiding rules apply and how to go about running a water-based activity.

This course is mandatory for anyone taking part in the Girlguiding Walking Scheme and extremely useful for any leader wanting to take girls on outside adventures.



The training will cost £15 which you can claim from unit funds
Venue tbc in central Herts
To book or find out more email Alison Tuch & Verity MacLachlan:
walking@girlguidinghertfordshire.org.uk