

CONGRATULATIONS TO

VICTORIA HOLLINGTON

from Epping Forest North Division

who designed the winning entry in our

Design-a-Badge Challenge

The Badge is in the process of being manufactured and

We will publish a photo as soon as it becomes available

Girlguiding Essex West Coronation Challenge Badge

Our County Programme and Adventure Team have put together this challenge to commemorate the coronation of King Charles III.

The themes are:

- Animals
- Coins and Stamps
- Countries
- Flags
- Flowers
- Food
- King Charles III
- Princes and Princesses
- Royal Residences

Try and complete at least two challenges from each theme. Unit Leaders will see that some of these activities will fit within skills builders, UMAs or interest badges.

Badges can be ordered using the form attached from:

Girlguiding Essex West
Suite T4, 3rd Floor,
Bates Business Centre
Church Road
Harold Wood
Romford, RM3 0JF

Cheques made payable to Guide Association Essex West or via BACS

WE DO HOPE YOU ENJOY THIS CHALLENGE

ANIMALS

Dogs

We all know that the late Queen Elizabeth's favourite dog breed was the corgi, but did you know that the King Charles spaniel was named after King Charles II, his favourite breed.

Can you find out about other dog breeds and how many of them help us today?



Guide Laws

Our new King not only inherits the Throne – he also inherits all UK swans, dolphins, whales, and sturgeon! This 12th century Law was introduced to protect the country from poachers-

What Laws do Guiding have today- and are any of them related to animals or how we treat them?

Gifts

Very strange gifts have been given to monarchy - they include sloths, crocodiles, elephants and kangaroos.

What gifts might you send to our new monarch?

Can you make him something - maybe even a new crown!

Do you think he'd like something he might enjoy eating.

Campfire Songs

The very first zoo in Britain was at the Tower of London – animals there included lions, tigers, monkeys, zebras, alligators and bears.

Can you sing a campfire song about at least one animal?

Here's a couple of ideas to get you started: Fred the Moose, I went to the Animal Fair, Bumblebee, Peter Rabbit had a fly upon his nose.



COINS & STAMPS

Design a Stamp

How about adding your own head or something from your area?

Have you seen any of our new stamps or coins with the head of King Charles on?

Have you noticed he is facing to the left and not wearing a crown?



Collect used stamps to donate to a charity

Here are a few Charities that you can donate them to.



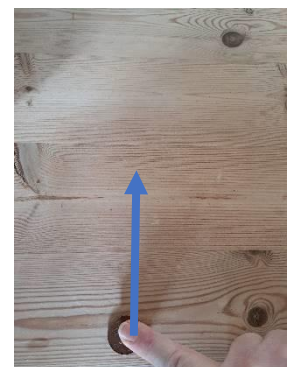
- Amnesty
- Retired Greyhound Trust
- Oxfam
- RNIB
- Parkinson's UK
- Kidney Care UK
- Stamp out MND
- British Hedgehog Preservation Society

Try these Games

You will require a table and a few 2p coins.

Place the coin on the edge of the table and using your finger in a swiping motion push the coin along the table. How far you can swipe it in one go? How many swipes does it take to reach the end of the table – both widthways and lengthways?

Who can get the closest to the edge in one swipe without the coin falling off the table?



Make a pile of 5p coins as tall as you can, donate the coins to charity.

You could do this as a unit or a six /patrol challenge.

Did you know?

The Five Pence piece was first introduced in 1968 as a larger version than we have today.

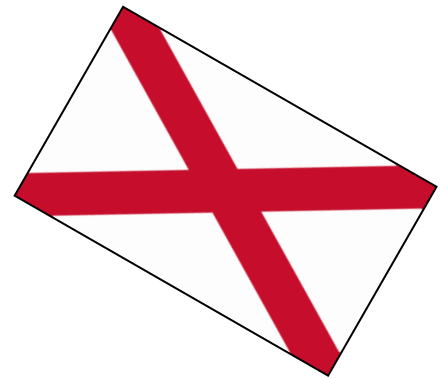


How far can you carry two 10p coins balanced on a lolly stick? Can you reach 10m? Maybe you could try this as a relay race in your unit!

Set up a line of cups at different distances and try and see how many 1p coins you can get into these cups in 1 minute. You could make the furthest away cup worth more points and keep a score of who wins the most points.



COUNTRIES



At the highest level, the UK is split into ten [countries and regions](#).

For example: Scotland, North West England and Cymru are some examples.

Can you name all 10?

Have a go at either Scottish or Irish dancing or both!

Can you do a group ceilidh and learn some of the dance patterns.

Can you learn some Morris Dancing and Country dancing?



Can you learn to say the longest place name in Wales:

Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogoch

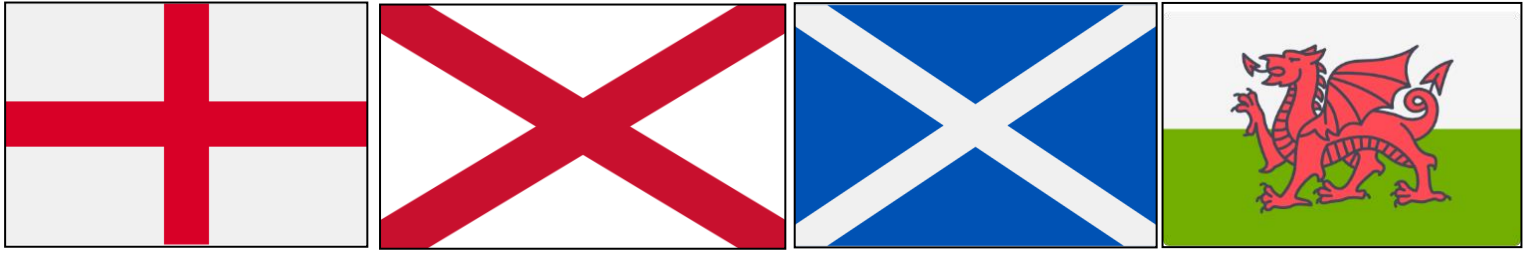
You can use Google to help!

Can you either as a unit or individually, walk the equivalent heights of the following: Mount Snowdon (1085m), Scarfell Pike (978m),

Ben Nevis (1345m) and The Giants Causeway (3700m)



FLAGS



You may notice that the Union Flag does not feature a dragon! This is because when the flag was first created in 1606 Wales was seen as part of England and not a country in it's own right.

Did you know?

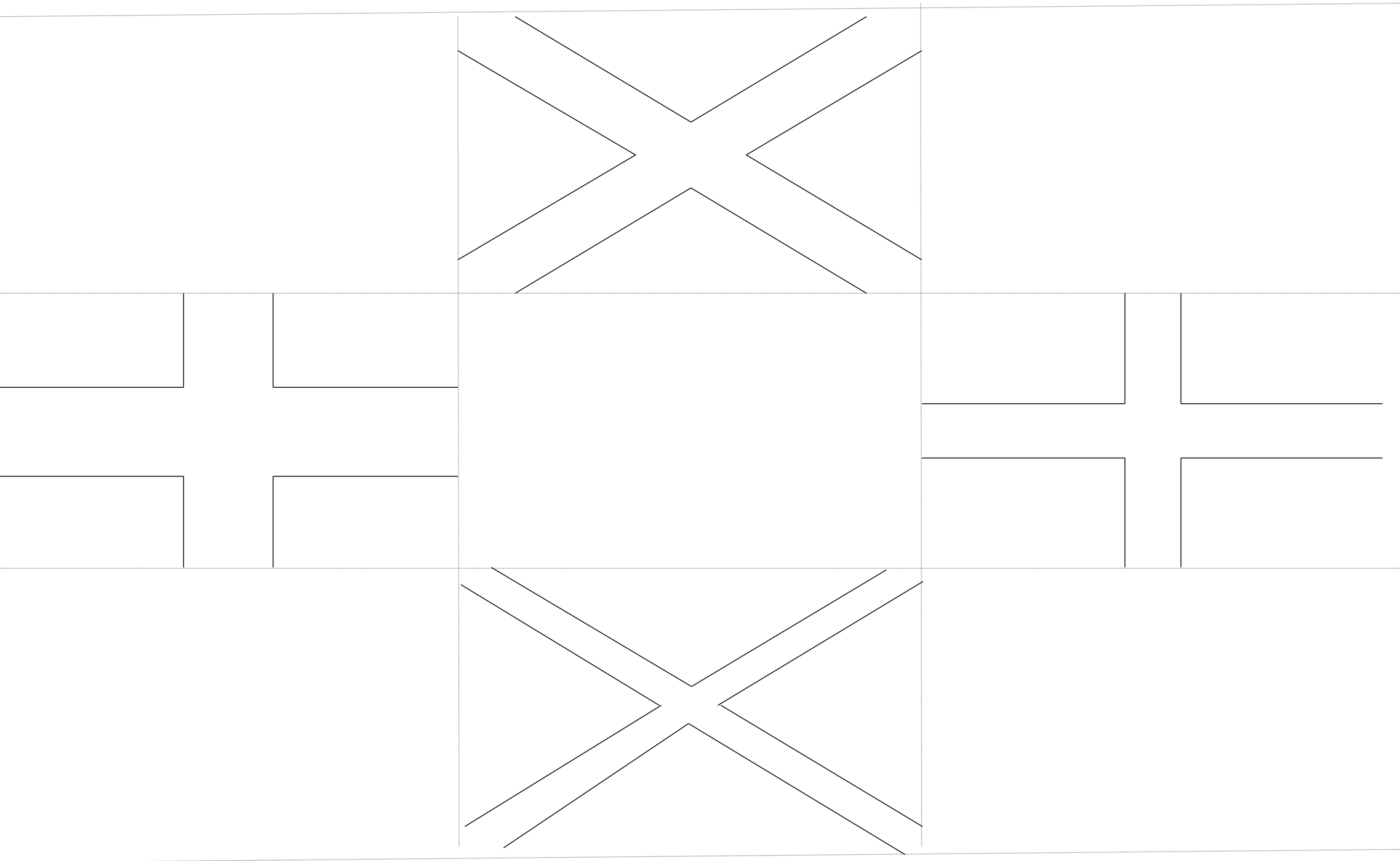
If the union flag is flying upside down then it means that you are in distress!

To fly the Union Flag the correct way up, the wider white band is always in the top left.

Why is it called a Jack? It's only called a Union Jack when the flag is flying on a ship.

To create your own union flag please follow the instructions provided. Each girl will need their own template.





FLOWERS

Flowers are often used as national emblems.

In the United Kingdom alone we have:

England: - Rose

Wales: - Daffodil

Scotland: - Thistle

Northern Ireland: - Shamrock



Other nations

How many others can you find from around the world.

Can you pin them on a map and find out if the country celebrates any occasions?

e.g. patron saints day

Create your own emblem

Could you paint, draw or make a floral national emblem. You could use natural resources collected whilst out on a walk or provide different craft materials. It doesn't have to be a recognisable flower – you could create your own.

FOOD

CAKES

Queen Victoria was an ardent fan of afternoon tea and particularly liked a slice of sponge cake with her tea, later to be known as a Victoria Sandwich.

- 1) Can you make a Victoria Sandwich?
- 2) How can you adapt a Victoria Sandwich for King Charles III
- 3) Can you design a different cake for King Charles III



Cake/Cookie Decorating

- 1) Decorate a Biscuit(s) for the Coronation
- 2) Decorate a Cupcake(s) for the Coronation
- 3) Decorate a large cake for the Coronation.

CAMP

Camp Cooking Fit for a King

- 1) Instead of S'mores, can you make Campfire Cones
- 2) Create a Campfire Cookbook (mains and desserts) with your favourites suitable for
 - a) Cooking on an open Fire
 - b) Cooking on a gas cookerOr
 - c) A combination of both



TRADITIONAL DISHES

Prepare (or taste) traditional foods from around the United Kingdom

- 1) ENGLAND Bangers & Mash or Fish & Chips
- 2) SCOTLAND Haggis Neeps & Tatties
- 3) WALES Welsh Cakes
- 4) N IRELAND Champ

CHEESE

Have a Cheese tasting session of cheeses from around the UK or further afield and taste cheeses from different countries. Which is your favourite?



DESSERTS

- 1) Make/taste a traditional trifle
- 2) Make/taste a variation on a tradition trifle (for example: Chocolate/Orange Trifle)

CORONATION CHICKEN

Coronation Chicken was developed as a dish for the Coronation of Queen Elizabeth II

- 1) Make/Taste Coronation Chicken
- 2) Adapt Coronation Chicken to become a 'new' dish for King Charles III

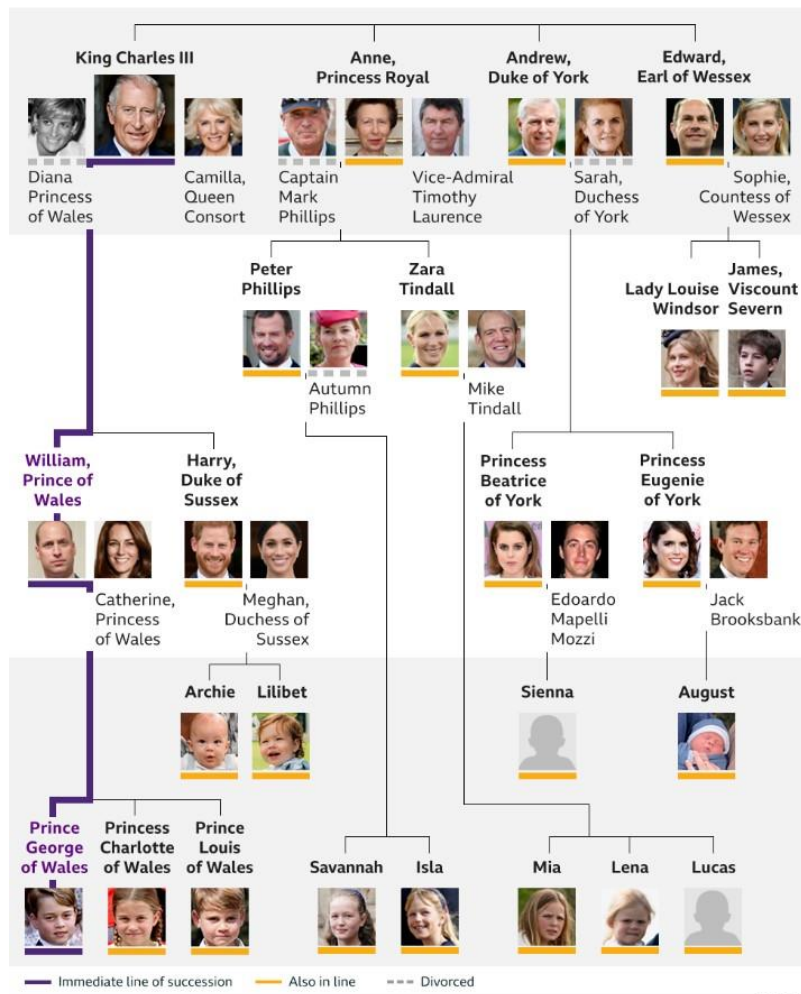


AFTERNOON TEA

Prepare, serve and enjoy afternoon tea, including finger sandwiches, Victoria Sandwich cake and Scones with Jam/Cream

KING CHARLES III

This is King Charles' family tree



Research, create and illustrate your family tree. How far back can you go?

You could research your own, someone else's or a fictitious family tree. Use all the resources you can think of to help including talking to people.

Rangers – Genealogy badge, Rainbows – Family tree badge.

Green challenge

King Charles has always been an advocate of green issues. Could you do something to enhance your local area? For example, you could sow some “bee friendly” seeds, plant a tree or do a litter pick or recycle/up-cycle something.

Brownies – Grow your own, Zero Waste. Guides – Upcycling.

PRINCES & PRINCESSES

Design a crown/tiara

You could use recycled materials or anything you have lying around. It could be painted or decorated with tin foil or stick on gems to make it sparkly enough to be part of the crown jewels!



Learn to curtsy

When you meet the King, you would be expected to curtsy. Here's how –

When it comes to the modern curtsy, the weight is transferred to one foot, usually the left, while the ball of your other foot is placed behind and just to the outside of the standing ankle. Eye contact should be maintained as the front knee is bent, the torso kept upright and hands remain at your sides.

Try it out on your leader the next time you attend a meeting!



Create a Prince/Princess

These can be designed however you like but are great at using up craft items left over from previous sessions. Toilet rolls were used for the royal family member example. Could you create a family as a six?

Coming out Debutante Ball

Hold a Debutante ball – dress like a princess – learn a dance. Learn about the history of the balls. (This could be used for a celebration/promise evening).

ROYAL RESIDENCES

Windsor Castle

The oldest and largest occupied castle in the world, having been home to over 40 monarchs since William the Conqueror in the 11th century. At present, Windsor Castle is the official country residence of the King and is where he spends most weekends.



Celebrate the history of Windsor Castle by creating your own model. This could be how it looks now or how it started out in the 11th century. You could use recycled materials or anything you have lying around in your cupboard, and your creation could be as big or as small as you want!

Kings Castle (game)

This game is inspired by the game “Giant’s house”.

The playing area should be free of obstacles. Split the players into teams of 4-6 girls. All players should skip around the playing area, singing the song: Come into the King’s castle. When the song ends, the leader shouts out an object that they might see. Suggestions: carriage, throne, crown, corgi, horse, car, cake, orb, sceptre, dragon, lion, unicorn. The players need to find their team and use their bodies to create a living sculpture of the object that the leader called out. All players must be part of their team’s sculpture. The leader should give them 30 seconds (or a bit longer if you’re feeling generous!) and then go around to examine each “sculpture” and decide the winning team. Keep track of wins so you can declare an overall winning team at the end.

The players then skip around the room again and play repeats from there.

Come into the King’s castle

Come into the King’s castle

And see what you can see

Residences

Find out about the royal residences, who lives where, where in the country are they, how many are there and are they used at certain times of the year.

Pick your favourite and paint it. King Charles is a keen and accomplished watercolourist who has exhibited and sold a number of his works to raise money for his charities and also published books on the subject.



Create a garden fit for a King

Since the 1970s, King Charles has promoted environmental awareness. King Charles loves his garden.

Create your own miniature garden that is eco-friendly garden in a seed tray.

Coronation Challenge Badge Order Form

Please complete the form below to order badges.

Badges cost £1 each plus postage:

Postage Costs	
Up to 15 Badges	£2.00
16-30 Badges	£3.00
31-100 Badges	£4.00

Unit Name

Name & Address for badges to be sent:

.....

.....

Email Address

Number of Badges required @ £1.00	£
Postage	£
TOTAL:	£

Payment via Cheque/BACS (please circle as appropriate)

Please make cheques payable to: Guide Association Essex West

Payment by BACS: Guide Association Essex West
Sort Code: 20-12-21
A/c No: 80902551

Please send completed form to:

Girlguiding Essex West, Suite T4,
3rd Floor, Bates Business Centre, Church Road, Harold Wood, Romford, RM3 0JF